



# INTERNSHIP ABROAD

*Adventure with Purpose*

Professional growth through life changing adventure





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O4 Internship Abroad creates opportunities for students to combine meaningful international vocational experience within a Christ-centered community while adventuring through the gem of the Garden Route in South Africa. Work alongside peers in a cross-cultural immersive environment while being mentored and discipled by professionals in your field. Gain vocational experience, cultural immersion, and personal development while adventuring with purpose.

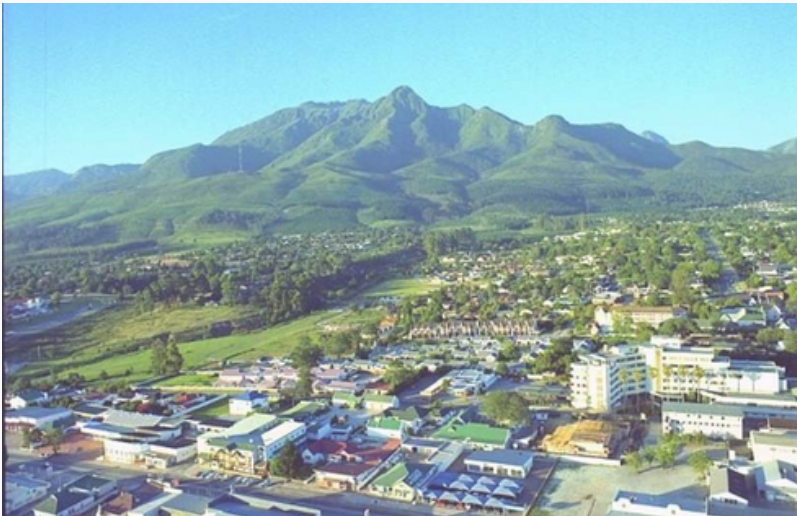
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## About South Africa

South Africa is a unique nation with a diverse culture. It's home to some of the most beautiful landscapes around the world. Visitors to the Southern tip of Africa will find famous beaches as well as popular national parks and historical sites. The country of South Africa has the ability to host Christian students in a secure environment while providing exposure to a rich diversity of cultures, languages, economic classes, businesses and missions models. Furthermore, South Africa is a very affordable option for interning abroad as local transportation, safe accommodation, food and world class training facilities come at very affordable prices.



### CULTURAL DIVERSITY

The social complexity of South Africa with various cultural groups, a rich history of the Afrikaner people dating to 1652, Afrikaans and 11 other national languages and many more unofficial languages, a country of first and third world in one, economic prosperity and disparity gaps, African refugees from countries like Zimbabwe, Malawi, Nigeria, Congo, Somalia and others as well as an influx from people of India, Pakistan and China makes South Africa a unique internship abroad destination with entrepreneurial and life lessons to be learned every moment.

## ADVENTURE HIGHLIGHTS

1. Visit and Volunteer day with Lions
2. Elephant Feeding excursions
3. Prayer Outreach to Southern tip of the African continent (Agulhas)
4. Safari

## CULTURAL HIGHLIGHTS

1. Learn to speak Afrikaans and multiple other languages that includes isiZulu, Xhosa, and Sotho
2. Visit The World renowned Voortrekker (Pioneer) monument
3. Exposure to people groups from across Africa and the world

## ABOUT HISKIA FARM

### George, Garden Route, Western Cape

The small City of George is the jewel of the Garden route and a beautiful place for the interns to stay and work. Most of the intern abroad experience will take place in George where various businesses and ministries at the forefront of missions and entrepreneurial development are located. Interns will be exposed to a wide variety of learning, work, and mentorship. The local area with mountains and beaches makes it an ideal place for adventure with purpose.



# About the Program

## PROGRAM STRUCTURE

- Visits to economic hubs, places of interest and Universities around Johannesburg and Gauteng.
- Orientation in George
- Participation in Education, educational activities, visiting and assisting in Schools.
- Wildlife management and sustainable Green economic models
- Immersive Road trip, ministering and interacting with University students
- Participation in Business and Kingdom entrepreneurial activities.
- Including the Mountain Quest and various excursions.

## Who is This Internship Abroad Experience for?

### Students interested in:

- International economic and social relationships
- Real-world international experience
- Cross cultural awareness through cultural immersion
- Social entrepreneurship and kingdom business
- Start-ups
- Expanding God's kingdom through their vocation
- Missions, ministry and social outreach
- Adventure!

### Majors:

- All Business majors
- Global Ministry in the Marketplace
- Ministry/ Theology/ Leadership
- \*Please contact O4 directly to ask about possible accommodations for other majors

## Key Components for all Interns

- Participate in a orientation week with local South African leaders and entrepreneurs. Topics will include:
  - Kingdom Business mindedness
  - The Holy Spirit in your entrepreneurial activities
  - Ways of Wisdom
  - Understanding cross cultural awareness and diverse immersion
  - Christian discipleship
  - Lessons from the African wildlife arena
  - Reaching the unreached people groups for Christ by utilizing entrepreneurship.
  - Talks, walks & more
- Cultural Immersion
- Gain knowledge of cultural and historical aspects of the country through visiting important sites in South Africa such as the Nelson Mandela square in Sandton, The Voortrekker monument in Pretoria, places of interest around Johannesburg, economic hubs, businesses and Universities and talking to leaders of organizations
- Interact with local peers, students, and professionals in the George (Garden Route) area
- Attend a thriving South African church of your choice. (Refer to "Church Life" below for more information.)
- Go on weekend adventures with your friends throughout the beautiful landscapes of South Africa
- Have access to mentors
- Get hands-on experience in your chosen vocation
- Go on a Safari, volunteer with Lions, Elephant feeding excursion, learn about South African famous wildlife
- Work on outreach programs (most likely children's outreach) and learn valuable skills and people management skills to compliment the entrepreneurial program with some missions minded input
- Take part and serve in the Young Influencers Conference. Young Influencers Conference is an inspiring and equipping conference for young people to learn kingdom business principles and how to apply it to their lives. It seeks to encourage 'young influencers' to make a difference in their context by making His ways known.





## Specific to Business Internships

- Exposure to high level business in SA including the stock exchange and Gauteng business district that handles 40% of Africa’s business.
- Exposure to successful social entrepreneurial models in South Africa
- Field work, including
  - Understanding the local market demographics
  - Working in local businesses and receiving exposure to various departments and being involved with projects associated with these businesses
  - Projects could include the development of digital and social media marketing strategies, resource planning, multi-channel sales development, revenue growth strategies as well as operations optimization
  - Presenting the outcome of work projects, demonstrating clear communication skills that offer value to business management regarding efficiency, profitability, marketing, growth and any other measurable improvements they might identify for the business.



## Specific to Ministry Internships

- Exposure to ministries operating across diverse cultures, languages and world views
- Exposure to large and small churches and church models
- Field work, including:
  - Working in a local church as a ministerial assistant
  - Working in a local church and receiving exposure to various departments and being involved with projects associated with these churches
  - Working on projects such as digital and social media communication platforms, resource planning, as well as exposure to existing operations
  - Presenting the outcome of work, demonstrating clear communication skills that offer value to church management regarding efficiency, marketing, growth and any other measurable improvements they might identify for the church
  - Working on caring, counselling, outreach and other ministerial aspects







## SAFETY & SECURITY

Intern safety is our top priority. South Africa as a whole has a high crime index, however, the majority of the internship experience will be in George South Africa which is one of the top five safest cities in the nation. According to recent surveys, George's crime and safety scale rating is very similar to Tulsa, Oklahoma's. To mitigate naturally occurring risk when traveling in an unknown city, interns will be briefed by locals on standard safety protocol during orientation. Even with George's relatively low crime rate, O4 has developed risk management and safety protocol to implement an even higher degree of safety. O4 practices have been developed over 10+ years of hosting over 400 international visitors to South Africa.

## HEALTHCARE

- Medical insurance is required for each Intern. Please refer to your University policies as well as your medical aid provider for coverage to ensure that international medical expenses are covered. South African hosts will need proof of medical insurance before interns arrive in South Africa.
- South Africa is a country with adequate healthcare facilities. While it is not recommended to rely on the public health system exclusively in South Africa, access to excellent private healthcare facilities will be available during the trip.
- All visitors will also have to sign a general liability waiver and must bring original prescriptions for any regular medication. Medicine brand names may be different in South Africa, and in some cases may not be available.
- Upon admittance to the internship program, each intern must provide their host with a list of medical history, allergies, and regularly taken medications.

## VACCINATIONS, MALARIA AND COVID 19

- According to our knowledge and experience, no Vaccinations are necessary for South Africa, however it is recommended that you consult the US State Department website to confirm.
- The places of visitation including George is not a Malaria area. Consult with your doctor on whether to take malaria medication. We will also assist with shopping for Mosquito repellent and precautionary arm and ankle bands if needed.





# DATES & COSTS

## ARRIVAL & DEPARTURE DATES

6 week intern abroad experience

- Arrival date: 26 May 2024

- Departure date: 7 July 2024

## COST OF THE EXPERIENCE: PRICE ON REQUEST

The cost of the program covers the internship experience and training, as well as:

- All accommodation
- All meals
- All transportation
- A Bootcamp training week with discipline-specific training and coaching
- Adventure experiences such as:
  - Safari
  - Sightseeing excursions
  - Adventure hiking
  - Beach walks
  - Business events
  - Young Influencers Event
  - Cultural events
- WiFi
- Laundry

The program fee does not include:

- Flight to and from South Africa & USA
- Medical insurance
- Cost of obtaining passport / visa if needed



## EXAMPLE PRICE INDEX FOR SOUTH AFRICA

- McDonald's Big Mac burger \$2.15
- Cappuccino \$2
- Coffee \$1.50
- Public Transport George \$1 per hour of access to the bus.
- Local sim card with call and data access \$3 per day
- Gym membership \$25 per month
- Malaria repellent and bands \$25





## HOUSING

- George - Students will be housed throughout the program at Hiskia Guset Farm in George located approximately 20 minutes outside of George.

Learn more at [www.hiskia.co.za](http://www.hiskia.co.za)

- On Excursions students will be hosted in star rated hotels and guesthouses that ascribes to the standards as set out by the South African Tourism Board.

## SLEEPING ARRANGEMENTS, CLEANING AND SERVING EXPECTATIONS

- Interns will be sharing rooms and will be expected to keep the rooms clean and tidy at all times
- Interns will be separated into a male area and a female area
- Interns will also be expected to serve at Hiskia Guest Farm and help maintain the cleanliness and hygiene of all public areas
- Interns will in most cases be expected to do their own dishes
- Interns will be expected to do their own laundry
- Clean Bedding will be supplied every 7-10 days by the hosts

## FOOD ARRANGEMENTS

This will vary from place to place but mostly at Hiskia Guest Farm will consist of the following:

- Breakfast is continental and self-help and consists of homemade warm grits or oatmeal, eggs, toast, fruit, coffee and tea with the occasional strawberries and pancakes and other treats.
- Lunch will be part of breakfast self-help. Bread and other lunch items will be set out and each person will pack their own lunches.
- Dinner will be at Hiskia Guest Farm and there will be a variety of home cooked meals and cultural delights that will change every night.

Every person will be responsible for assisting in cleaning their dishes and the kitchen / dining areas. Other Practical assistance will also be required.

## ACTIVITIES AROUND GEORGE/ EXCURSIONS

George is world renowned as an adventure destination, and there are many opportunities for excursions in the area. Interns will be able to do research ahead of time to plan ahead for weekend excursions. During the orientation we will make a list of interns' proposed activities and assist in the planning to ensure all interns make the most of their time in South Africa. Refer to the following link for some ideas and information: <https://www.travelibikitor.co.za/>

Hosts will plan group adventure excursions and road trips as part of the program but will also advise additional optional weekend excursions.



## FITNESS AND EXERCISE

The groups interns will be socializing with are very fond of exercise. The city of George is also a runner, walkers, swimmers, tennis, golfers and MTB cyclist paradise as there are many beaches, mountains, woods and parks to explore. Bring the gear you might need for your sport/exercise training. A Gym pass or CrossFit pass can also be arranged. You can also be added to local messaging groups on WhatsApp to learn about local events and opportunities to participate in events over weekends and after hours.

## TRANSPORTATION

All transportation to and from the organizations will be provided. As well as transportation to any programs, events, and any scheduled trips organized by O4.

Transportation for trips not organized by O4 may be provided as the need arises.

## INTERNET & MOBILE

- Most places interns visit and work at will have good internet and wifi availability.
- Interns can decide to get a South African sim card if they feel it is needed to make normal local voice calls
- As a group, all interns will use WhatsApp as communication and all daily communication, arrangements etc, will be made on this Whatsapp group that will be created closer to the time



## HOSTS

### Dr Sakkie & Leandra Olivier

Dr Sakkie & Leandra Olivier and family (Senior Pastors, Apostolic ministry & entrepreneurs) have extensive experience in hosting International guests. The family also leads regular tours in SA and Israel and they host regular conferences for men, women and entrepreneurs at their church in Vanderbijlpark and the Team base at His House in George.



### Dr Jan & Maresa Boshoff

Dr Jan & Maresa Boshoff and family are based in Tulsa and take care of pre-trip cultural, logistical and practical training and planning with students in the USA. They have extensive business experience and a heart for facilitating meaningful experiences for Christian people.



## STATEMENT OF FAITH

O4 Adventure believes in one God, eternally existing in three persons- Father, Son and Holy Spirit. We believe in the scriptures of the Old and New Testament and declare them to be God inspired and the final authority for faith and life. O4 firmly believes that the Lord Jesus Christ died for the sins of humanity and that all who believe in Him are justified on the grounds of his shed blood. O4 believes that through the repentance of our sins and by receiving the Lord Jesus Christ individuals are born again of the Holy Spirit and thereby become Children of God. We at O4 Adventures believe in the resurrection and the coming return of the Lord Jesus Christ. Please refer to [www.histm.co.za](http://www.histm.co.za) for the full statement of faith.

Interns with O4 Adventures are not required to share in our faith values but interns are required to attend all group activities and respect the faith of others. Discipleship components will be integrated in the internship experience and training will be from a faith perspective with the goal of combining faith and vocation.



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## THE O4 CODE OF HONOR

O4 Internship Abroad places a high value on the way students conduct themselves privately, personally, publically and in interaction with other people while being a part of the Internship Abroad program. In order to foster an environment for healthy relationships and group dynamics, all interns will be required to sign a code of honor upon arrival to South Africa. A few key points on the code of honor to be aware of are the following:

- Interns are expected to uphold a positive attitude and do their due diligence in all tasks and activities.
- Interns are expected to abstain from all drug or alcohol use. Interns are expected to abstain from romantic relationships with other interns and from all sexual activity.
- Interns are expected to dress in a manner that is appropriate for South African culture and the contexts they will be in

## MORE INFORMATION

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[www.o4adventures.com](http://www.o4adventures.com)

[www.hiskia.co.za](http://www.hiskia.co.za)

[www.lcfusa.org](http://www.lcfusa.org)

[www.george-info.co.za/town/info](http://www.george-info.co.za/town/info)

## CHURCH LIFE

There are a variety of good English churches in and around George. There are also many other language options and as part of the cultural immersion a wide variety of churches and worship styles can be visited. You will be exposed to the ministry of LCF in Vanderbijlpark, but plugging into a church in George will be a great way to connect with locals and make friends and immerse in the culture. Please search online for a full list but some options are:

- LCF - Life Christian Foundation
- Hope Church
- Shofar Church
- Patria Church
- CRC Church

